A glass of water with a stream of water pouring into it from above, set against a blue and green background. The water is captured in mid-pour, creating a dynamic and refreshing visual. The background is a soft, out-of-focus gradient of blue and green, suggesting a natural, outdoor setting. The glass is filled with water, and the pouring water creates a splash and bubbles at the top.

SECRETS  
OF THE  
OVERFLOWING  
LIFE

Dan Ingram



**SECRETS OF THE  
OVERFLOWING  
LIFE**

**BY**

**DAN INGRAM**

# TABLE OF CONTENTS

<b>INTRODUCTION .....</b>	<b>Page 2</b>
<b>SECRET #1</b>	
<b>God Kind of Faith .....</b>	<b>Page 4</b>
<b>SECRET #2</b>	
<b>God Kind of Love .....</b>	<b>Page 10</b>
<b>SECRET #3</b>	
<b>Preparation.....</b>	<b>Page 15</b>
<b>SECRET #4</b>	
<b>Ordinary to Extraordinary.....</b>	<b>Page 20</b>
<b>SECRET #5</b>	
<b>He is the Spirit of Truth.....</b>	<b>Page 24</b>
<b>SECRET #6</b>	
<b>Praise and Worship.....</b>	<b>Page 29</b>
<b>SECRET #7</b>	
<b>Burden.....</b>	<b>Page 33</b>
<b>SECRET #8</b>	
<b>Living in the Overflow.....</b>	<b>Page 39</b>

## INTRODUCTION

It was a Monday night in the mid 90's back at Warrior Assembly of God. I was part of a group of men that met every Monday night with prayer and fasting. The Holy Spirit had been equipping us and preparing us, making us ready for what He was doing and going to do. It was during this time that God had begun to pour His Spirit out at the Toronto Blessing and the Brownsville, FL Assembly of God! One night, one of the guys in our prayer group was sharing a prayer request about a young man that he worked with. As He shared, I saw the name "David". As he continued to share, I kept seeing the name "David". I was filled with faith like Peter in Acts 4:8.

***Then Peter, filled with the Holy Spirit, said to them: "Rulers and elders of the people."  
(Acts 4:8 NIV)***

I stepped out and said, "Is his name David?" And it was!

Many times over the years the Holy Spirit has shown me names and pictures and given me impressions similar to what Peter said in Acts 3:16.

***By faith in the name of Jesus, this man whom you see and know was made strong. It is Jesus' name***

***and the faith that comes through him that has completely healed him, as you can all see.***

***(Acts 3:16 NIV)***

When I have stepped out and spoken what I have seen or heard in my spirit, the Lord has moved in powerful ways.

In this book, you will discover some of the **Secrets of the Overflowing Life** - where the life of Christ not only abides in your heart but overflows and comes out of your mouth. The words you speak will bring resurrection life into the world where we live. This book will show you how to prepare for it and how to operate in it.

God bless you as we undertake this journey together.

# GOD KIND OF FAITH

## SECRET #1

For the Gifts of the Spirit to flow through us, we need the God Kind of Faith.

The Gift of Faith is the empowerment we receive from the Holy Spirit so we can operate in the Gifts of the Spirit.

The Gift of Faith helps us to expect great things from God.

**How do we know what God wants us to do?** He shows us or tells us something to do or say. He would not reveal that to us if He was not going to do it! So we can have confidence as we move into the Overflowing Life, knowing that God will do what He says He is going to do and will bring forth the blessing from the revelation that we have received.

This is what Jesus did.

***Jesus gave them this answer: “Very truly I tell you, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does, the Son also does. (John 5:19 NIV)***

One day, a few years ago, I was in the midst of a 21-day fast. On that day I was not feeling spiritual at all. In fact, I was doing sit-ups.

I heard the Holy Spirit speak and say, “I am giving you the Gift of Faith.”

***Now to each one the manifestation of the Spirit is given for the common good. To one there is given through the Spirit a message of wisdom, to another a message of knowledge by means of the same Spirit, to another faith by the same Spirit, to another gifts of healing by that one Spirit, (1 Cor 12:7-9 NIV)***

**The Gift of Faith is beyond saving faith.**

Peter and John demonstrated Faith when they encountered the man who was lame from birth at the temple gate called Beautiful in Acts 3. Peter declared. ***“In the name of Jesus Christ of Nazareth, walk.”*** They took the man by his hand, and the Bible says that ‘instantly the man’s feet and ankles became strong.’ He not only jumped to his feet and began to walk, but he went with them into the temple, walking and jumping, and praising God.

The people’s response is recorded in scripture. . .

***When all the people saw him walking and praising God, they recognized him as the same man who***

***used to sit begging at the temple gate called Beautiful, and they were filled with wonder and amazement at what had happened to him.  
(Acts 3:9-10 NIV)***

**The Gift of Faith was in operation when Jesus cursed the fig tree.**

***Seeing a fig tree by the road, he went up to it but found nothing on it except leaves. Then he said to it, "May you never bear fruit again!" Immediately the tree withered. When the disciples saw this, they were amazed. "How did the fig tree wither so quickly?" they asked. Jesus replied, "Truly I tell you, if you have faith and do not doubt, not only can you do what was done to the fig tree, but also you can say to this mountain, 'Go, throw yourself into the sea,' and it will be done.  
(Matthew 21:19-21 NIV)***

**The Gift of Faith also activates miracles and healings. Think about the woman with the bleeding issue. Look what Matthew has to say.**



***Just then a woman who had been subject to bleeding for twelve years came up behind him and touched the edge of his cloak. She said to herself, "If I only touch his cloak, I will be healed." (Matthew 9:20-21 NIV)***

Then there is the account of Saul who became Paul. When he encountered the risen Lord, he was struck blind for three days and was praying. At the same time, there was the disciple Ananias. He was also praying. The Lord spoke to him about Saul. God wanted Ananias to go to Saul, lay hands on him, and restore his sight, but Ananias was fearful of Saul because the chief priests had permitted Saul to arrest all who call on the name of the Lord.

The Lord replied to his concerns with the words

***"Go! This man is my chosen instrument to proclaim my name to the Gentiles and their kings and to the people of Israel. I will show him how much he must suffer for my name." (Acts 9:15-16 NIV)***

There was something in those words that God spoke to Ananias that enabled him to not only go to see Saul, but to do what the Lord commanded! Ananias stepped out in Faith.

***Then Ananias went to the house and entered it. Placing his hands on Saul, he said, “Brother Saul, the Lord Jesus, who appeared to you on the road as you were coming here—has sent me so that you may see again and be filled with the Holy Spirit.” Immediately, something like scales fell from Saul’s eyes, and he could see again. He got up and was baptized, and after taking some food, he regained his strength.  
(Acts 9:17-19 NIV)***

Simply obey what God says to do and the Gift of Faith begins to operate. If you, in obedience, do what God says to do, God will show up to perform the word that He showed you.

Many times over the years, as I have matured in the Overflowing Life, I have used my Faith - **the God kind of Faith** - and have seen God release his blessing onto those to whom I was ministering.

Here’s another example of the God kind of Faith...

***When the apostles in Jerusalem heard that Samaria had accepted the word of God, they sent Peter and John to Samaria. When they arrived, they prayed for the new believers there***

***that they might receive the Holy Spirit, because the Holy Spirit had not yet come on any of them; they had simply been baptized in the name of the Lord Jesus. Then Peter and John placed their hands on them, and they received the Holy Spirit. (Acts 8:14-17 NIV)***

About a year ago, I was at a conference. The speaker gave a quote from Smith Wigglesworth, “*Use the measure of Faith you have and then you will begin to move into the Gift of Faith!*” **THIS IS THE GOD KIND OF FAITH!**

***Father, fill me to Overflowing with the God kind of Faith. So I can use my faith to take the steps needed to be a vessel of your glory.  
In Jesus' name. Amen***



## **GOD KIND OF LOVE**

### **SECRET #2**

A most powerful Secret of living and ministering in the Overflow of the Spirit is the desire to bless others and glorify God. We learn to minister the Gifts of the Spirit out of a heart of Love.

***And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us. (Romans 5:5 NIV)***

It is the **God kind of Faith** and the **God kind of Love** that brings forth the blessings and miracles that operate in and through our lives. We learn to understand that the Word that the Holy Spirit speaks to us is out of God's great Love for us and others. That Word is living and active!

***1 If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have faith that can move mountains, but do not have love,***

***I am nothing. If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing.***

***4 Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.***

***Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.***

***8 Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. For we know in part and we prophesy in part, but when completeness comes, what is in part disappears.***

***11 When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me. For now we see only a reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known.***

**13 And now these three remain: faith,  
hope and love. But the greatest of these is love.  
(1 Corinthians 13 NIV)**

**One of the Secrets of the Overflowing Life** is expressing that life-giving flow from a heart of Love.

***Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. (1 John 4:7)***

God gave me this prophetic word about the God kind of Love on 1-16-2022.

*Do not judge anybody but love everybody. Love never fails. It is better to be known as a man of love than a man of power. Love is the fulfillment of the law. Whoever lives in love lives in God and God in him because God is love. Love is key. Love is spirit to spirit, its faith to faith. But the greatest attribute is love.*



*Love keeps no record of wrongs. It drives out fear because fear has to do with torment. Love is patient, never hurries, or is pushy.*

*Love is kind, gentle, and forbearing; it is merciful and gracious. Love is powerful and restful.*

*Love is full of faith and courage. It is the greatest force in the universe for love is of God. Love is God; it comes from God and flows from God.*

*Love bears and endures all things and cannot be defeated or subdued for God is love.*

*The God kind of love carried Jesus to the cross and nailed Him there to save others and...the God kind of love raised Jesus from the dead.*

*Love is the greatest! Love endures forever!*

*Love cannot be conquered, hindered, or subdued!*

*Love goes right from the heart right to the heart.*

*Love is the heavyweight champion of the world.*

*Love's the greatest power and force on earth and*

*in the universe.*

*Love is heaven!*

*Love is the greatest of all!*

*Love is God and God is love!*

*Love always prevails over every circumstance, every situation,  
and every problem.*

***And hope does not put us to shame, because  
God's love has been poured out into our hearts  
through the Holy Spirit, who has been given  
to us. (Romans 5:5 NIV)***

So let's lift our hands and pray together.

***Lord fill me. Fill me with this love Lord.***

***Fill me with the God kind of love.***

***In Jesus' name, Amen.***

## PREPARATION

### SECRET #3

The third, yet fundamental **Secret of Living the Overflowing Life** is **Preparation**. To be led by the Spirit, flow in the gifts, and/or Overflow with the Word and direction from the Lord, we need to be prepared by walking in the Spirit consistently, manifesting the Fruit of the Spirit, being strong in the Word, and praying in the Holy Spirit. All of these will help us to be equipped and sensitive when the Lord speaks to us and through us.

As we are equipped and mature, we learn to walk in the Spirit daily. That way we can manifest the Fruit of the Spirit. It has been said that **Fruit + Gifts = power**. So, as we walk in the Spirit and Overflow manifesting the Fruits of the Spirit, God can powerfully release his blessings.

***I advise you to obey only the Holy Spirit's instructions. He will tell you where to go and what to do, and then you won't always be doing the wrong things your evil nature wants you to. (Galatians 5: 16 TLB)***



We will learn to expect the Fruit of the Spirit to be revealed in our lives; that is, our behavior.

***But when the Holy Spirit controls our lives he will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control; (Galatians 5:22-23 TLB)***

These characterizations shine through when we obey the Lord consistently.

***If we are living now by the Holy Spirit's power, let us follow the Holy Spirit's leading in every part of our lives. (Galatians 5:25 TLB)***

Another way we prepare to Overflow is to be strong in the Word of God. Studying and showing ourselves approved.

***Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth. (2 Timothy 2:15 KJV)***

God's word is living and active. It comes from the breath of God. We recognize all scripture is God-breathed and useful for teaching and equipping us, transforming our lives so we can live in the Overflow.

***All Scripture is God-breathed and is useful for teaching, rebuking, correcting, and training***

***in righteousness. (2 Timothy 3:16 NIV)***

We learn to be diligent when we handle the Word of God carefully as he speaks to us out of the Overflow. We want God's approval as we speak His Word and message.

***Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth. (2 Timothy 2:15 NIV)***

Last but not least in our daily preparation: We must not neglect the gift that has been given to us by God.

***Do not neglect your gift, which was given you, through prophecy when the body of elders laid their hands on you. (1 Timothy 4:14 NIV)***

Praying at all times in the Holy Spirit will keep us built up and strong in the Lord.

***And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. (Ephesians 6:18 NIV)***

***But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in God's love as***

***you wait for the mercy of our Lord Jesus Christ to bring you to eternal life.  
(Jude 20-21 NIV)***

As we pray in the Holy Spirit, built up and strong in the Lord, it will help us to know, pray, and understand the will of God. That will help us powerfully live in the Overflow.

***In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God. (Romans 8:26-27 NIV)***

To live **The Overflowing Life**, with a Word and direction from the Lord, we must learn to do all of the above!

If we ask the Lord, He will teach us how to Walk in the Spirit daily, to display or manifest the Fruit of the Spirit in our everyday lives, and to keep in step with the Spirit.

As we keep in step with the spirit, we become prepared to Overflow in every area of our lives from a pure heart. This is how to walk in the Spirit consistently, manifesting the fruit of the Spirit, being strong in the Word, and praying in the Holy Spirit.

The Holy Spirit will help us to study the Word of God and will help us to develop the spiritual gift that was given to us. He will assist us in praying in the Holy Spirit so that we may pray according to His will!

*Lord, I ask that you will fill me with your Faith and your unfailing Love. Help me to walk in your Spirit manifesting and displaying the fruits of your Spirit. Help me to be strong in your word, praying in the Holy Spirit. In Jesus' name, Amen.*

## ORDINARY TO EXTRAORDINARY

### SECRET #4

As we read the New Testament we find that ordinary people are changed by the Holy Spirit to do extraordinary things by the Spirit of God. And the secret abides here:

***When they saw the courage of Peter and John and realized that they were unschooled, ordinary men, they were astonished and they took note that these men had been with Jesus. (Acts 4:13 NIV)***

When we step out and do what God says to do in the Overflow, He provides the grace and virtue for the breakthroughs that come to meet the needs of the moment. When God tells us to do something, He will provide. God will show up and work it out! **We can trust Him!** Because His word will not return void. It will achieve the purpose for which it was sent.

***As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater, so is my word that goes out from my mouth: It will***

***not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it. (Isaiah 55 10-11 NIV)***

Jesus was very God and very man. He had a healing ministry, drove out demons, raised the dead, and often went out and prayed by Himself. He spent time with His Father. He would pray and then get up in the Overflow and speak what he heard the Father saying, and He would do what he saw the Father doing. The result - folks were healed, delivered, set free, taught, disciplined, blessed, encouraged, and the Kingdom of God was established and advanced on the earth. **We need to learn to take some time with the Father, to see and hear what He is doing and saying, and then do the same. That is living in the Overflow.**

Years ago, our district superintendent of the Assemblies of God, in the state of AL said something I would never forget. He spoke at the State Convention and said, "Stay at the feet of Jesus, and then get up and tell the world what you saw."

Jesus gave His authority and power to mortal men and women like you and me. Peter, James, and John were fishermen. They were ordinary men.

***Jesus called his twelve disciples to him and***



***gave them authority to drive out impure spirits and to heal every disease and sickness.***

***(Matthew 10:1 NIV)***

This was power! To drive out impure spirits and to heal every disease and sickness! This authority was given to men who loved Him, and who chose to follow Him and obey Him. This same authority and power are given to us as well!

Jesus also gave the promise of even greater works.

***Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do even greater things than these, because I am going to the Father. (John 14:2 NIV)***

These greater works are the result of two things.

First, Jesus imparted authority to men.

Second, because Jesus was going to the Father, the work that Jesus did was to continue on an even greater scale!! The work was to be done by believers!

Jesus equipped the disciples to do the greater works.

***Again Jesus said, "Peace be with you! As the Father has sent me, I am sending you." And with that he breathed on them and said, "Receive the Holy Spirit. If you forgive anyone's sins, their sins are forgiven; if you do not forgive them, they are not forgiven." (John 20:21-23 NIV)***

Jesus said this and their receipt of the Holy Spirit was the equipping necessary to accomplish the tasks before them. By receiving the Holy Spirit, walking in the God kind of Faith and Love, and being strong in the Word, we can live in the Overflow of what God has for us and we will go from ordinary to extraordinary.

***Father, I receive the Holy Spirit. Take me  
from ordinary to extraordinary in the Overflow  
of your goodness and use me as you will.  
In Jesus' name, Amen.***

## **HE IS THE SPIRIT OF TRUTH SECRET #5**

We can trust what the Holy Spirit is saying or showing us because **it is true.**

***But when he, the Spirit of truth, comes, he will guide you into all the truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.  
(John 16:13 NIV)***

Shortly after Sherry and I got married many years ago, my new stepdaughter was ten years old. One day, the Lord spoke to me and said, "Get Tabitha a rose."

I thought to myself, "Where am I going to get a rose?" As I was driving home on Highway 78 that day, I saw in my mind's eye, one of the gas stations that I would pass on the way home. When I came to it, the Lord said to stop. I went inside, and there on the counter by the register was a vase full of single roses!

There was another time that helped me to recognize and trust in the voice of the Lord, the Spirit of Truth. I was preaching on

a Wednesday evening at Warrior Assembly in 1993 or 1994. My message was on ‘Speaking the Blessing.’

When I got up to the pulpit and said the title of my sermon, Pastor Jimmy jumped up and started rejoicing because that is what the Lord had been speaking to him as well. That helped confirm to me that I was hearing the Holy Spirit and I could trust what he was saying and showing to me.

***For the testimony of Jesus is the spirit of prophecy. Revelation 19:10b KJV)***

Why is that? Because Jesus is the Spirit of Truth.

***But when He, the Spirit of Truth, comes, He will guide you into all the truth [full and complete truth]. For He will not speak on His own initiative, but He will speak whatever He hears [from the Father—the message regarding the Son], and He will disclose to you what is to come [in the future]. He will glorify and honor Me, because He (the Holy Spirit) will take from what is Mine and will disclose it to you. All things that the Father has are Mine. Because of this I said that He [the Spirit] will take from what is Mine and will reveal it to you. (John 16:13-15 AMP)***

***Do two walk together unless they have agreed to do so? Does a lion roar in the thicket when it has no prey? Does it growl in its den when it has caught nothing?***

***Surely the Sovereign Lord does nothing without revealing his plan to his servants the prophets. The lion has roared—who will not fear? The Sovereign Lord has spoken—who can but prophesy? (Amos 3:3-8 NIV)***

As we live in the Overflow - walking with the Lord - we can trust that we are hearing from the Lord.

***Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. Do not be wise in your own eyes; fear the Lord and shun evil.  
(Proverbs 3:5-6 NIV)***

We can trust what God has said and what He is saying to us. We can step out in Faith, step out in Love, step out in boldness, and step out in courage into every area of our life, knowing it is Him and He will do what He says He will do. We grow to know and understand that the Word we hear in our

heart, comes from the Father, through Son, and then by the Holy Spirit unto us. It is the Holy Spirit who first discloses it, and then transmits it to us.

When the Holy Spirit speaks, it will seem good to us. The Holy Spirit, who bears witness, and that wisdom, understanding, direction, or Word will bring about blessing, provision, encouragement, and peace, but most importantly it will be the truth. That truth will bear witness because wisdom is always proved right by her children.

***But wisdom is proved right by all her children.  
(Luke 7:35 NIV)***

In other words, **the wisdom that comes from the Lord produces results that are right and true.**

The revelation that God gives will produce results - good fruits.

***So shall my word be that goeth forth out of my mouth: it shall not return unto me void, but it shall accomplish that which I please, and it shall prosper in the thing whereto I sent it. (Isaiah 55:11 KJV)***

Not one Word will fall to the ground! Why? Because it was the Spirit of Truth that led Jesus and He learned to follow, He learned to step out and speak what the Father was saying.



***And the child grew and became strong; he was filled with wisdom, and the grace of God was on him. (Luke 2:40 NIV)***

Jesus moved and lived by what the Lord said. Because He learned that what the Father said was true. Jesus learned that He could depend on it, be confident in it, and trust the Word and voice of the Lord. As we mature, so can we.

***Lord, I thank you that you are the spirit of truth.  
Help me continue to grow in trusting and being  
confident in you when you speak to me.  
In Jesus' name. Amen.***

## PRAISE AND WORSHIP

### SECRET #6

To live in the Overflow, we must cut out distractions, focus on the Lord, and live a life of praise and worship! Worship is more than a song during a Sunday morning worship time at church. It is a lifestyle in all that we do! I have found that playing worship music a lot in my home, especially soaking in worship music during my prayer and devotional times daily, helps to keep me filled with the Spirit and helps me to live consistently in the Overflow!

***Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. Submit to one another out of reverence for Christ.  
(Ephesians 5:18-21 NIV)***

James counsels us to submit ourselves to the Lord and what He says.

***Submit yourselves, then, to God. Resist the devil, and he will flee from you. (James 4:7 NIV)***

David loved to bless the Lord. He knew the secret and tried to keep a heart of praise and worship at all times. The scriptures below show that others knew the secret as well!

***I will extol the Lord at all times; his praise will always be on my lips. (Psalm 34:1 NIV)***

***Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name. (Hebrews 13:5)***

***The tongue has the power of life and death, and those who love it will eat its fruit. (Proverbs 18:21 NIV)***

***The Sovereign Lord has given me a well - instructed tongue, to know the word that sustains the weary. He wakens me morning by morning, wakens my ear to listen like one being instructed. (ISAIAH 50:4 NIV)***

***It is good to praise the Lord and make music to your name, O Most High, proclaiming your***

***love in the morning and your faithfulness at night, to the music of the ten-stringed lyre and the melody of the harp. For you make me glad by your deeds, Lord; I sing for joy at what your hands have done. How great are your works, Lord, how profound your thoughts!  
(Psalm 92: 1-5 NIV)***

***Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. (John 4:23 NIV)***

Like a heat-seeking missile, the Father is seeking those who will worship Him in spirit and in truth; those who will have fellowship and an abiding relationship with Him! He loves to show up and manifest His presence and glory as we worship and praise Him.

When we enter into this kind of relationship with Him, our hearts can join with King David of the Old Testament and say...

***But thou art holy, O thou that inhabitest the praises of Israel.(Psalm 22:3 KJV)***

Worship and praise are a lifestyle that keeps us in a position of sensitivity to the flow of the Spirit. Then God can Overflow for us, in us, and through us when we need guidance, direction, or understanding. Living a lifestyle of worship, God can use us to encourage others if we are in position and stay ready for the Overflow!

***Father, I love you and praise you. Fill me with your presence so I can worship you in spirit and in truth.***

***In Jesus' name, Amen.***

# THE BURDEN

## Secret #7

**Sometimes God will bring forth a burden for you to pray through, or you may feel an intensity or a weightiness, a heaviness about a situation; sometimes sensing a need that God wants to meet. He gives you this burden because He wants you to pray it through.**

Oswald Chambers shares that when God gives us a burden shows us something, or gives us a burden for someone else, it is for us to pray and not to judge or gossip.

The Book of Habakkuk offers a beautiful example of a burden.

**The oracle (a burdensome message—a pronouncement from God) which Habakkuk the prophet saw. (Habakkuk 1:1 AMP)**

This was the oracle, burden, or prophecy that came from God and it was for the nation. Habakkuk was burdened with what he saw regarding justice and the nation. He was also burdened that God was going to use the Babylonian or the Chaldean nations - much more wicked than Judah - to judge Judah, the people of God. So He went to God and poured out his prayer or oracle or burden. Then in verse 5 God answers. Look what he says:



**The Lord replied: “Look, and be amazed! You Will be astounded at what I am about to do! For I am going to do something in your own lifetime that you will have to see to believe.  
(Habakkuk 1:5 TLB)**

After more conversations with God concerning his burden, Habakkuk takes his place on the wall; he is carrying this burden for the nation. God speaks and brings revelation, and then the Lord assures him the just shall live by Faith:

***I will stand at my watch and station myself on the ramparts; I will look to see what he will say to me, and what answer I am to give to this complaint. Then the Lord replied: “Write down the revelation and make it plain on tablets so that a herald may run with it. For the revelation awaits an appointed time; it speaks of the end and will not prove false. Though it linger, wait for it; It will certainly come and will not delay. “See, the enemy is puffed up; his desires are not upright—but the righteous person will live by his faithfulness. (Habakkuk 2:1-4 NIV)***

In Chapter 3, Habakkuk sings a song of triumph to the Lord:  
***This is the prayer of triumph that Habakkuk***

***sang before the Lord: O Lord, now I have heard your report, and I worship you in awe for the fearful things you are going to do. In this time of our deep need, begin again to help us, as you did in years gone by. Show us your power to save us. In your wrath, remember mercy. (Habakkuk 3:1-2 TLB)***

Habakkuk had the burden. Took his place on the wall. God spoke and gave him a revelation, and assured him. Then Habakkuk breaks out in praise and triumph. Though the circumstances have not changed, and will not change for a season, Habakkuk knows that God is going to come through and he will need to live by Faith in the waiting!

Paul reveals in Phillipians his burden or prayer for them. Look at how the Living Bible puts it:

***My prayer for you is that you will Overflow more and more with love for others, and at the same time keep on growing in spiritual knowledge and insight, for I want you always to see clearly the difference between right and wrong, and to be inwardly clean, no one being able to criticize you from now until our Lord returns. May you always be doing those good, kind things that show you are a child of God, for this will bring much praise and glory***

***to the Lord. (Philippians 1:9-11 TLB)***

Notice how he prayed that they might Overflow with Love, grow in spiritual knowledge and insight, know right from wrong, and be clean on the inside. He also prayed that their behavior would express that they are a child of God and that would bring glory to His name!

In Colossians 4, Paul describes the burden that Epaphras had for the Colossians and Christians in Laodicea and Hierapolis.

***Epaphras, from your city, a servant of Christ Jesus, sends you his love. He is always earnestly praying for you, asking God to make you strong and perfect and to help you know his will in everything you do. I can assure you that he has worked hard for you with his prayers, and also for the Christians in Laodicea and Hierapolis. (Colossians 4:12-13 TLB)***

These two references teach us how to pray for our relatives, friends, and church families. They also teach us about intercession for those we may not know. **Strong Christians are the result of Overflowing Christians praying for each other!**

The Lord has given me a burden sometimes for certain people or situations; a burden for this nation, or another nation like Ukraine. There are some believers who for years have carried a burden for the unborn child, sometimes for a wayward child, or an adult.

**What is a burden? In Hebrew it means ‘yoke, a yoke placed on an animal is the most common. It means a load of any kind. A severe task, a difficult duty,’**

**In the New Testament *burden means ‘the troubles of life that weigh a person down.’***

So our spirit Overflows with a burden for the nations, a burden for people, or a burden for a situation. God places it on us so that we can Overflow in our spirit or mind with thought and intercession. God puts a burden or pressure upon us to pray until victory is reached. Often we sense the victory in our spirit before the actual victory comes. We need to learn to praise Him before the circumstances change. Also, we pray until revelation, guidance, or wisdom regarding what to do comes. He gives us the grace to endure while we wait and pray.

***In that day his burden shall be taken away from off your shoulder, and his yoke from off your neck; and the yoke shall be destroyed because of the anointing oil. (Isaiah 10:27 MET)***

Sometimes the burden will include a call to fast, to break the yoke, lift the burden, and set the oppressed free.

***Is not this the fast that I have chosen?  
to loose the bands of wickedness,  
to undo the heavy burdens, and  
to let the oppressed go free, and  
that ye break every yoke? (Isaiah 58:6 KJV)***

***Father, thank you for the overflow of your presence in my life. Help me to pray when your burdens come upon me so that captives can be set free, yokes can be destroyed, and victories can come forth.  
In the mighty name of Jesus. Amen.***

## BE ACTIVATED SECRET #8

*Activate - to make something active or operative.*

Every believer has a gift - the God-given power or ability that touches the heart and conscience.

***As iron sharpens iron, so one person sharpens another. (Proverbs 27:17 NIV)***

Be activated and released. Offer yourself for God to use!  
Make yourself available and pliable in God's hands!

***Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.***

***(Romans 12:1-2 NIV)***

God wants to activate you in the Spirit of the Lord to the place where the anointing flows.

It is exciting to yield yourself to the Lord and flow with what the Lord is showing you or speaking to you. You may have a job, a family to take care of, or a business to run, but you can live in the Overflow and do what the Lord wants you to do! It may look strange or may seem kind of off the wall at times. If you are following Him, walking with Him, and looking to Him, you will find that His ways are higher than your ways and His thoughts are higher than yours.

***For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts. (Isaiah 55:9 NIV)***

To live by what the Lord says and shows us is a great adventure, full of life and blessings for us and others!

***Jesus gave them this answer: “Very truly I tell you, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does. (John 5:19 NIV)***

***“I know that his command leads to eternal life. So whatever I say is just what the Father has told me to say.” (John 12:50 NIV)***

The Holy Spirit takes what Jesus has seen and heard from the Father, then He transmits it or discloses it to us. we can do what he is doing and say what he is saying!

***To be activated means, “the process of turning on or starting something, or energizing someone!”***

So be activated and energized, then step out and overflow in the Spirit. To do so we need to have a spirit of humility - that is, humble ourselves before the Lord to allow Him to do what He wants, and to glorify Him. As you walk in humility, you open the door for the Holy Spirit to operate more fully in your life. You can't operate in the Spirit and flow in the Spirit or the anointing if there is pride or arrogance in your heart.

God has given us all a measure of faith. We all don't have the same function or ability.

***But you will receive power and ability when the Holy Spirit comes upon you; and you will be MY witnesses [to tell people about Me] both in Jerusalem and in all Judea, and Samaria, and even to the ends of the earth. (Acts 1:8 AMP)***



Power means *abilities, efficiency, and might*. So God comes down upon us and gives us gifts and abilities.

I had no idea 32 yrs ago that I would be a minister of the gospel. Nor did I have any idea of the things God was going to do. But when the Holy Spirit came upon me, and the power of the Most High overshadowed me (just like He will do for you), all of a sudden the gifts of the Spirit began to operate in me.

When the power of the Most High began to function in my life, the Lord began to release gifts and spiritual abilities as He activated me in the proper setting. He then began to train and equip me to release others.

The Holy Spirit gives a gift, a measure of faith to operate in the Gifts of the Spirit. These are grace gifts. They are not earned, but as you yield yourself to the Spirit, you will have the faith to step out and operate in them.

***God has given each of us the ability to do certain things well. So if God has given you the ability to prophesy, then prophesy whenever you can—as often as your faith is strong enough to receive a message from God.***

***(Romans 12:6 TLB)***

There is that word 'ability' again. Look at what the Amplified Bible says about some different gifts:

***Since we have gifts that differ according to the grace given to us, each of us is to use them accordingly: if [someone has the gift of] prophecy, [let him speak a new message from God to His people] in proportion to the faith possessed; if service, in the act of serving; or he who teaches, in the act of teaching; or he who encourages, in the act of encouragement; he who gives, with generosity; he who leads, with diligence; he who shows mercy [in caring for others], with cheerfulness.  
(Romans 12:6,7,8 AMP)***

**But the one who prophesies speaks to people for their strengthening, encouragement, and comfort.  
(1 Corinthians 14:3 NIV)**

So if God has given you the ability to prophesy, then speak forth the Word of the Lord, or speak forth what the Lord is showing you, or speak forth what the Lord is saying to you whenever you can - as long as your Faith is strong enough to receive a message from God.

Paul calls these gifts of grace. They are inward desires or dispositions, as well as enablements or abilities given by the Holy Spirit to build up God's people. It is an expression of God and God's love for them. Every believer has at least one gift. But that does not exclude the other gifts as the spirit wills, leads, and guides for the common good or to meet the need of the moment.

One may have or flow in the gift of prophecy or encouragement, if so let him encourage. (If you have an inward desire to encourage people, or a disposition to encourage people, get up and go out and encourage people.)

**Encouraging is the God-given desire or ability or power to proclaim or release God's word in a way that touches the heart, conscience, and will of the hearer, stimulating their Faith and producing a commitment to Christ.**

Why is that?

***For it is the Spirit of prophecy who bears testimony to Jesus. (Revelation 19:10 NIV)***

When I prophesy in a conversation or meeting, it is not to glorify me. When I prophesy or exhort or encourage others it is not to say, "Hey look at me." But it is to get them closer to the Lord. I want to stimulate their Faith and produce a greater commitment to Christ who will lead them and guide them in the way chosen for them. He wants to bless them coming in and bless them going out, to be their God even to the end,

prospering their lives in ways they never would have imagined possible, and bring them closer to Jesus Christ.

*As we release our gifts, God raises the recipient to another level in their life.*

This is a promise God has given to all of us!

***The promise is for you and your children and for all who are far off—for all whom the Lord our God will call.” (Acts 2:39 NIV).***

God activates and energizes us with the gifts to serve and manifest the presence of the Lord,

***There are different kinds of gifts, but the same Spirit distributes them. There are different kinds of service, but the same Lord. There are different kinds of working, but in all of them and in every-one it is the same God at work. Now to each one the manifestation of the Spirit is given for the common good. (1 Corinthians 12:4-7 NIV)***

All of these are done by the one and only Holy Spirit. We all can receive from Him and operate in the Gifts of the Spirit. If you are a New Testament believer, you can flow in the Spirit, per the New Testament writings of Paul. It is not just for the preacher, apostle, or prophet. **This is for you!**

God wants you to yield yourself to Him - yield your heart and your life. The Bible says in Romans *‘Yielding yourself as a living, spiritual sacrifice holy, pleasing, and acceptable to God; and this is our spiritual worship.’* And as you do, I am telling you God will do amazing things! He will tune your spiritual ear and open your spiritual eyes. You will hear and see things that you have never seen. You will receive great revelation from the Word of God, and just when you need a Word, or if someone needs a Word of encouragement, God will speak to you, then you will speak to and bless them and encourage them. You will see God do mighty things in their lives!

***Then he answered and spake unto me, saying, This is the word of the Lord unto Zerubbabel, saying, Not by might, nor by power, but by my spirit, saith the Lord of hosts. (Zechariah 4:6 KJV)***

So give God some elbow room in your life, some room in your church, and some room in your ministry. Flow with what He has said, shown, spoken, or written!

But first **You** need to be activated. You need to be released. So lift your hands right now and let's pray.

***Father, in the name of Jesus, I lift those up who are reading this book. I pray, in the name of Jesus, that you release, and activate them. Increase their Faith and help them to live in the Overflow of your presence! For the Lord says,***

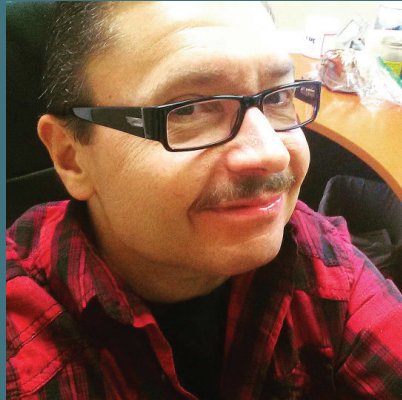
***“I have given you a measure of faith. Now Step out, says the Lord, and I will lead you. Step out and I will guide you. Step out and I will show you great and unsearchable things you know not.***

***“So be activated. Be energized to flow with and walk in the Holy Spirit.”***

***Believe you receive! Now!***

***In the Mighty Name of Jesus! Amen.***

# About the Author...



## DAN INGRAM

Preaching, Teaching and Reaching  
and Equipping the Saints for works of Service

- Ordained A.G. Minister.
- Served at Warrior A.G. for 13 years during the “Great Outpouring” and Revival.
- Presently serving at Restoration Christian Fellowship.
- Served at Garywood Assembly for 10 years.
- Served on the Board of Alabama Prison Ministries.
- 32 years in Ministry.

Contact Information:

[daningram.org](http://daningram.org)

[dannyingram@att.net](mailto:dannyingram@att.net)